

Your Three Week Menu

Monday

Tuesday



Wednesday



Thursday



Friday



WEEK ONE

Pork/Quorn Sausages and Mashed Potatoes with Seasonal Vegetables and Gravy

Spaghetti Bolognese/
Vegetarian Bolognese with
Garlic Bread and
Seasonal Vegetables

Gammon Steak/Quorn Fillet
and Pineapple with
Roast/Mashed Potatoes
Seasonal Vegetables and Gravy

Chinese Chicken/Quorn Curry
with Rice Naan Bread and
Seasonal Vegetables

MSC Fish
with Chips Garden Peas or
Baked Beans

Filled Jacket Potato
with Cheese, Tuna Mayo
or Baked Beans
Served with Salad

Deli Option
with a Choice of 2 Breads
and Cheese, Tuna Mayo or
Sliced Ham
Served with Salad

Filled Jacket Potato
with Cheese, Tuna Mayo
or Baked Beans
Served with Salad

Deli Option
with a Choice of 2 Breads
and Cheese, Tuna Mayo or
Sliced Ham
Served with Salad

Filled Jacket Potato
with Cheese, Tuna Mayo
or Baked Beans
Served with Salad

Iced Chocolate and
Orange Cake

Fruit Crumble with Custard

Jam and Coconut
Sponge

Fresh Fruit Platter or
Cheese and Crackers

Golden Crunch Cookie with a
Fruit Wedge

WEEK TWO

Beef/Veggie Spaghetti
Meatballs with a Tomato and
Herb Sauce with Garlic Bread
and Seasonal Vegetables

Chicken/Cheese Pie
with New Potatoes and
Seasonal Vegetables and Gravy

Braised Beef/Quorn Fillet
with Yorkshire Pudding with
Roast/Mashed Potatoes
Seasonal Vegetables and Gravy

Ham, Sweetcorn and
Cheese/Vegetarian
Pasta Bake with Crusty Bread
and Seasonal Vegetables

MSC Fish
with Chips Garden Peas or
Baked Beans

Filled Jacket Potato
with Cheese, Tuna Mayo
or Baked Beans
Served with Salad

Deli Option
with a Choice of 2 Breads
and Cheese, Tuna Mayo or
Sliced Ham
Served with Salad

Filled Jacket Potato
with Cheese, Tuna Mayo
or Baked Beans
Served with Salad

Deli Option
with a Choice of 2 Breads
and Cheese, Tuna Mayo or
Sliced Ham
Served with Salad

Filled Jacket Potato
with Cheese, Tuna Mayo
or Baked Beans
Served with Salad

Chocolate Crunch
with a Fruit Wedge

Fruit Flapjack
Finger

Lemon Drizzle Cake

Fresh Fruit Platter or
Cheese and Crackers

Melting Moment with
a Fruit Wedge

WEEK THREE

Chicken/Veggie Burger in a
Bun with Tomato Sauce
Potato Wedges Baked Beans
or Peas

Bacon, Cheese and Tomato/
Vegetarian Pasta Bake
with Garlic Bread and
Seasonal Vegetables

Roast Chicken/Quorn Fillet
served with
Sage & Onion Stuffing with
Roast/Mashed Potatoes
Seasonal Vegetables and Gravy

Chicken/Quorn Spanish Rice
with Crusty Bread and
Seasonal Vegetables

Cheese and Tomato Pizza
with Chips Garden Peas or
Baked Beans

Filled Jacket Potato
with Cheese, Tuna Mayo
or Baked Beans
Served with Salad

Deli Option
with a Choice of 2 Breads
and Cheese, Tuna Mayo or
Sliced Ham
Served with Salad

Filled Jacket Potato
with Cheese, Tuna Mayo
or Baked Beans
Served with Salad

Deli Option
with a Choice of 2 Breads
and Cheese, Tuna Mayo or
Sliced Ham
Served with Salad

Filled Jacket Potato
with Cheese, Tuna Mayo
or Baked Beans
Served with Salad

Caramel Crispy Cake
with a Fruit Wedge

Toffee Apple Sponge
with Custard

Fruit Jelly

Fresh Fruit Platter or
Cheese and Crackers

Chocolate Cookie
with a Fruit Wedge

Available every day –
Unlimited salad, fresh bread,
organic yoghurt, milk and
chilled water

For allergen information,
please ask one of our
Catering Team

