Your safety is very important to us. We have collected the resources below to help and support children, parents and relatives when using the Internet.

"Be safe on the internet!"

- **NSPCC - Share Aware site**
- **Childnet website - a very useful site for parents and children**
- **NSPCC advice on Internet Safety**
- **A useful video clip to watch with your child (aimed at 8-10 year olds) or to improve parents knowledge**
- **A useful and informative 'Newsround' film about web-safety**

Ten Tips for Online Safety

1. I will not give out personal information such as my address, telephone numbers, parents' work address/telephone number or the name and address of my school without my parents' or carers' permission.
2. I will tell my parents right away if I come across any information that makes me feel uncomfortable - don't feel embarrassed because it's really easy to come across bad sites by mistake
3. I will never agree to get together with someone I 'meet' online without first checking with my parents. If my parents agree to the meeting, I will be sure that it is in a public place and I will take a responsible adult with me.
4. I will never send a person my picture or anything else without first checking with my parents.
5. I will not respond to any messages that are mean or in any way make me feel uncomfortable. It is not my fault if I get a message like that. If I do, I will tell my parents right away so that they can contact the service provider.
6. I will talk with my parents so that we can set up rules for going online. We will decide upon the time of day that I can be online, the length of time I can be online and the appropriate areas for me to visit. I will not access other areas or break these rules without permission.
7. I will not give out my Internet password to anyone (even my best friends) other than my parents
8. I will check with my parents before downloading or installing software or doing anything that could possibly damage our computer or jeopardize my family's privacy.
9. I will be a good online citizen and not do anything that hurts other people or is against the law.
10. I will help my parents/carers understand how to have fun and learn things online and teach them things about the Internet, computers and technology